**MOUNTAIN RIDGE JR. HIGH Dance 1 Disclosure**

**Description of Dance 1:**

Dance is a universal language, an expressive and vibrant art. This beginning level dance course follows the Utah State core for dance. Students will gain knowledge of the elements of dance and skills in technique, improvisation, choreography, artistic expression, performance, history, culture, life skills, and connections to other curricular areas. No prerequisite course is required.

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Instructor: Miss Harwood

Email: sharwood@alpinedistrict.org

Website: mrjhdance.weebly.com

Phone: (801) 763.7010 Ext. 166

**CHANGING IN LOCKER ROOM:**

Students will be given 5 additional minutes after the tardy bell to be dressed and in role call seats for attendance. Students will be given 10 minutes at the end of class to change back into their school clothes.

The school provides a gym locker for students. If dancer is in both a dance class and a PE class, they will use the same locker. They will share this locker with one other student. It is the student’s responsibility to keep all valuables locked up. A lost and found will

be kept in Miss Harwood’s classroom but

security is not a guarantee.

You may not switch lockers unless

approved through Miss Harwood.

Locker Room Etiquette: Keep hands

and eyes to yourself.

**RULES “5,6,7,8”:**

**5. BE KIND AND RESPECTFUL.**

Remember the Golden Rule: Treat others the way you want to be treated.   
Others includes: teacher, peers, self, and space.

Don’t touch Miss Harwood’s desk, whiteboard, mirrors, etc.

**6. BE SAFE.**

Safety is #1! No gum, food, drink, or behavior that could cause injury to others or space.

**7. BE BRAVE.**  
In dance your instrument is yourself.  
It is an act of bravery to get out of your comfort zone.   
I expect you to push yourself.

**8. BE READY.**   
To dance, to learn, to listen, to try new things.

Leave distractions at the door.   
Come on time and in appropriate attire.

NO GUM!

Materials:

The dancer will need to bring the following items to class everyday:

1. **SPIRAL BOUND** notebook with name and class period written on the front (this will be used as their journal and will be kept in class).

2. Dance clothes

3. A positive attitude to want to learn, explore, and create.

Homework and Assignments:

1. **Journal:** Students will be expected to keep a journal for this dance class. Students are responsible for obtaining their own journal/notebook as well as something to write with. Journal/notebook and writing utensil will STAY IN CLASS. **Due: August 25th.** At the beginning of each class period, students will be given the first couple minutes of class to complete the given journal on the board. Journals may consist of vocabulary, notes, questions, comments on choreography, and self-reflections. Periodic journal checks will take place for points.

2. **Concert Critique:** You will also be required to attend a live dance performance of your choice during the semester and turn in a Concert Critique Worksheet about the performance. See website for critique worksheet and guidelines. Critique is due 2 weeks after seeing the concert. **DUE: DECEMBER 18TH FOR 50 POINTS.**



Remediation:

Students who are struggling in this course should arrange a time to get help from Miss Harwood. DEAR/ZAP time is best.

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PLEASE REMEMBER HYGIENE! ☺

WEAR DEODORANT, WASH YOUR

CLOTHES, AND SHOWER REGULARLY!!!

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CHECK THE WEBSITE OFTEN! IT IS A MAIN SOURCE FOR CHECKING UPDATES AND ASSIGNMENTS. IF YOU DO NOT HAVE ACCESS TO A COMPUTER AT HOME, THERE ARE SCHOOL COMPUTERS THAT YOU CAN USE BEFORE AND AFTER SCHOOL.

Fees: Students are required to pay a $20.00 costume fee to the financial office. **DUE: AUGUST 28th.**

Late work policy:

If you turn an assignment in late you can only receive a maximum score of 70%.

**Participation:**

Because of the nature of this class, participation is where most points come from. This includes being on time, dressing in appropriate dance class attire, participation in discussion, dancing full-out, answering questions, etc.

Each student will receive 10 points per day.

Tardy or hair down = 9/10

Not dressing out = 7/10

Chewing gum = 8.5/10

Behavior or choosing not to participate

(up to teacher discretion)

*If a student has an* ***excused absence****, the grade will remain as an (\*) and will not count for or against the grade.* If the absence is not excused by the end of the school day, the student must complete an attendance form available in the classroom. If parent excuses absence, student will fill out form stating that the absence has been excused. If they don’t ever get it excused they will need to do an alternate assignment to receive credit for the day missed.

Un-excused absences will result in zero daily points unless a parent excuses the absence or the assignment given by Miss Harwood is completed. Unexcused make up is only worth 70%.

If a student is injured or hurt, there is an alternate assignment that will take place to make up for the points they are missing by not dancing with us.

GRADING SCALE:

A   94-100%

A-   90-93

B+   87-89

B    84-86

B-   80-83

C+  77-79

C   74-76

C-   70-73

D+  67-69

D   64-66

D-  60-63

F   0-59

Performance:

Each student is given the opportunity to perform in the winter/spring concert at the end of the semester. This is a fantastic way to show off what you have learned in class and your performance skills. This is a mandatory concert! If your students cannot make it to this concert, he/she is not eligible to take this course. Winter Concert: **December 15, 2015 @ 7:00 pm.**

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Dress Code:

Modest dance attire that is equivalent to Mountain Ridge Junior High School dress policy must be worn. Please dress in dance attire that allows the outline of the body to be seen clearly. You may want to wear layers that will allow you to be warm and also lets you remove when necessary.

Appropriate Dance Attire:

1. Fitted clothing that allows the instructor to see alignment and proper dance technique should be worn for safety reasons. Baggy t-shirts, long sweats, pajama bottoms, or regular gym clothes **will not** be accepted.

2. Form fitting shirts, baby tees, and tops with minimum of 1” straps and **fully** covers the stomach when arms are raised are acceptable. \*If you are dancing in the hallway, you need to cover up short shorts and tank tops.

3. Spandex shorts (hot shorts) may be worn only if tights are worn underneath.

4. Bare feet. No socks or dance shoes. “Bare Claws” or “Foot Undies” are acceptable.

Dressing out starts on August 25, 2015

Dance Attire Due: First Week of September

**This class does not discriminate on the basis of age, ethnicity, disability, national origin, race, religion, or gender in its programs or activities. Please contact a school administrator if you have any questions or concerns.**

**Administrative Approval: *Pete Swiderski***

Parent/Guardian:

Disclosure Documents not completed will result in loss of dancing privilege during class and also loss of daily participation points. Please complete the google form indicating that you have read and understand the disclosure document for Dance.  You are also indicating that you are aware of the class expectations and policies, and agree to abide by them.  You also give permission for your child to be video recorded or photographed in dance class.   Also by completing this form you are making note of the MANDATORY dance concert on December 15th @ 7:00 pm. Completion of this form is an assignment worth 10 points towards your student’s grade. Thank you! **DUE: AUGUST 28TH – Worth 10 points**

**http://goo.gl/forms/9GCPtjRNxG**